

## **Intermediate Level by Sarah**

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I have been making a lot of effort to be more eco-friendly lately. One change that I have made is trying to avoid products that come in plastic containers because many of them are not really recyclable. I have also tried to reduce my use of packaging in general. For example, I have stopped buying tea that comes in individual bags and instead, I am buying loose-leaf tea. Avoiding packaging can be very difficult, but I will keep trying.

79 words

## **Advanced Level by Sarah**

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This year, I have become much more conscious of the impact that my actions have on the environment and have made some efforts to be more eco-friendly. While I previously bought the items I wanted without considering their packaging, responsible packaging is now my first priority. I have switched brands for many products, including shifting to an environmentally-friendly loose-leaf tea instead of individually wrapped tea bags. Prioritizing the environment-impact of my shopping choices can be challenging, but I am determined to take my responsibility to the earth seriously.

88 words